**A oes gennych chi boen / broblem gyda Chymal / Asgwrn / Cyhyr / meinwe cysylltiol?**

**A ydych angen gwybodaeth / eich cyfeirio?**

Ewch ar:-

Wefan Bwrdd Iechyd Betsi Cadwaladr:-

[**https://bipbc.gig.cymru/**](https://bipbc.gig.cymru/)

Chwiliwch **MSD** - dewiswch ac agorwch Dudalen **ARMA** Pageo’r Canlyniadau Chwilio

|  |  |
| --- | --- |
|  | https://emedia1.nhs.wales/BCUhb/cache/file/BE489C00-1A5C-4F06-9D4FE0F158FA78D7_carouselimage.jpg |

**Do you have a Joint / Bone/ Muscle/ Connective tissue problem / pain?**

Need Information / signposting?

Visit:-

Betsi Cadwaladr University Health Board

Webpage:-

[**https://bcuhb.nhs.wales/**](https://bcuhb.nhs.wales/)

Search **MSD** - select and open

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