



Awyr Las Blue Sky

Elusen GIG Gogledd Cymru
The North Wales NHS Charity

*Cynllun Grantiau Y Galon a'r Meddwl
The Hearts & Minds Grants Scheme*

Eich Elusen GIG Your NHS Charity

Rhif Elusen Gofrestredig 1138976

Registered Charity Number 1138976



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Cynllun Grantiau y Galon a'r Meddwl

The Hearts & Minds Grants Scheme

- Gall yr holl staff ym mhob ward, adran neu wasanaeth yn BIPBC wneud cais am hyd at £1,000
- Prosiectau sy'n cyfrannu at nodau strategol allweddol BIPBC
- Prosiectau sydd er budd cleifion ym meysydd iechyd meddwl, anabledau dysgu, gofal dementia neu strôc, NEU brosiectau sy'n cyfrannu at ymyriad cynnar a/neu atal yn y meysydd gofal iechyd hyn
- All staff across all wards, departments and services in BCUHB can apply for up to £1,000
- Projects that contribute to the BCUHB key strategic goals
- Projects that focus on Older People, Early Years, Mental Health and Cancer Care



Pwrpas y Galon a'r Meddwl

Purpose of Hearts & Minds

Nod

- Cyfle i staff rheng flaen roi cynnig ar syniadau arloesol i ddechrau mynd i'r afael â phroblem sy'n wynebu eu gwasanaeth
- Cyfle i brofi ffordd newydd o weithio, rhoi cynnig ar syniad newydd, neu ddechrau gwneud pethau'n wahanol er lles cleifion
- Creu syniadau cyffrous y gallai'r Tîm Cefnogi Codi Arian gefnogi cydweithwyr i godi arian atynt a'u rhoi ar waith, ar raddfa fwy

Aim

- An opportunity for frontline staff to try out innovative ideas to start to tackle a problem facing their service
- A chance to test out a new way of working, get an idea off the ground, or start to do things differently for the benefit of patients
- Generate exciting ideas that the Fundraising Support Team could support colleagues to fundraise for, and implement, on a larger scale



Dewis o leiaf 5
prosiect a
chyfanswm o
£5,000 ar gael

A minimum of 5
projects selected
with a total of
£5,000 available



Grŵp Cynefin

Mwy na thai • More than housing



Proses

Process

- Proses ymgeisio syml ar-lein
- Cyfnod ymgeisio ar agor am fis yn unig (Tachwedd 2018)
- Cyfrifydd yr Elusen a Phennaeth Codi Arian yn creu rhestr fer
- Ymgeiswyr llwyddiannus yn cael eu dewis gan aelodau Grŵp Cynghori'r Elusen
- Simple online application process
- Application period open for one month only (November 2018)
- Shortlisting by the Charity Accountant and Head of Fundraising
- Successful applicants selected by members of the Charity Advisory Group



Ceisiadau Llwyddiannus

Successful Applications

- 52 cais i gyd
 - Ansawdd y ceisiadau'n uchel iawn
 - Ariannwyd 12 chais drwy Gronfa y Galon a'r Meddwl (dyrannwyd £5,000 ychwanegol o arian amhenodol yr elusen ar gyfer hyn)
 - Gofynnwyd i Gynghorwyr y Cronfeydd am arian ar gyfer ceisiadau ychwanegol
 - Ariannwyd 4 cais arall o gronfeydd penodol wardiau/adrannau/ meysydd
 - Dyfarnwyd cyfanswm o £12,530 i 16 o'r 52 cais
- 52 applications in total
 - The quality of the applications very high
 - 12 applications funded through Hearts and Minds Fund (additional £5,000 of undesignated charitable funds allocated for this purpose)
 - Fund Advisors approached to request funds for additional applications
 - A further 4 applications were funded from specific ward / department / area funds
 - A total of £12,530 was granted to 16 of the 52 applicants



Ward, Gwasanaeth neu Adran	Safle	Enw Prosiect	Lleoliad y Prosiect	Crynodeb o'r Prosiect
Uned Feddygol Lem (AMU)	Ysbyty Glan Clwyd	Atgofion a stimiwleiddiad tawelu	Ar y wardiau yn yr uned	Cit aromatherapy ym mhob ystafell i helpu gorffwys ac ymlacio cleifion
Tîm Anableddau Dysgu Plant	Tŷ Catherine Gladstone	Llyfrgell Synhwyrdd	Tŷ Catherine Gladstone	Llyfrgell Synhwyrdd lle gall rheini gael mynediad i weld a fydd eu plant yn cael budd o'r adnoddau sydd ar gael cyn prynu'r cyfarpar
Ward Alaw, Hematoleg	Ysbyty Gwynedd	Cyflymu yn adsefydlu ysbyty	YG – amrywiol wardiau	Pedalu ymarfer i rwystro colli nerth/cyflwr ymysg cleifion oedrannus, bregus a/neu gaeth i'w gwelyau
Ward 14 Uned Strôc	Ysbyty Glan Clwyd	Adfer i gerddoriaeth mewn uned strôc cleifion mewnol	Ward 14 Uned Strôc YGC	Prosiect therapi cerdd i fwyafu taith cleifion strôc drwy gydol eu hadsefydliad

Ward, Service or Department	Site	Project name	Location of project	Project summary
Acute Medical Unit (AMU)	Ysbyty Glan Clwyd	Memories and calming stimulation	On the wards in the unit	Aromatherapy kits in every room to help aid rest and relaxation for patients.
Children's Learning Disability Team	Catherine Gladstone House	Sensory Library	Catherine Gladstone House	Sensory Library that parents can access to see if their children will benefit from the resources available before they buy the equipment.
Alaw Ward, Haematology	Ysbyty Gwynedd	Speeding up in hospital rehab	YG - various wards	Exercise pedals to prevent loss of strength / condition in elderly, frail and/or bedbound patients.
Ward 14 Stroke Unit	Ysbyty Glan Clwyd	Recovery to music in an in-patient stroke unit	Ward 14 YGC Stroke Unit	Music therapy project to enhance stroke patient journey throughout rehabilitation.

Ward, Gwasanaeth neu Adran	Safle	Enw Prosiect	Lleoliad y Prosiect	Crynodeb o'r Prosiect
Tîm Anableddau Dysgu Sir Ddinbych	Caledfryn, Dinbych	Foodwise am oes – cyrraedd pobl gydag anableddau dysgu	Y Rhyl a Rhuthun	Addasu'r cwrs hyfforddi Food wise i'w wneud yn hygyrch i bobl ag anableddau dysgu
Onnen	Ysbyty Maelor Wrecsam	Clwb brecwast a phrosiect lles cleifion	Ward Onnen, Ysbyty Maelor Wrecsam	Clwb brecwast i gleifion i hyrwyddo annibyniaeth a lles
Wardiau Gwanwyn a Hydref	Uned Iechyd Meddwl Pobl Hŷn	Caffi Ymgylltu	Ar wardiau Gwanwyn a Hydref	Trawsnewyd y manau bwyta ar y wardiau yn gaffi Cyfeillgar i Dementia
Ward Morfa, Ysbyty Alltwen	Ysbyty Alltwen	Gardd Dementia	Ysbyty Alltwen	Creu gardd ddementia i fwyafu lles cleifion

Ward, Service or Department	Site	Project name	Location of project	Project summary
Denbighshire Learning Disability Team	Caledfryn, Denbigh	Food wise for life - reaching people with a learning disability	Rhyl & Ruthin	Adapting the food wise training course to make it accessible for people with a learning disability.
Onnen	Wrexham Maelor Hospital	Breakfast club and patient wellbeing project	Onnen Ward Wrexham Maelor Hospital	Breakfast clubs for patients to promote independence and wellbeing .
Gwanwyn & Hydref Wards	Older Persons Mental Health Unit	Engagement Cafes	On the wards - Gwanwyn & Hydref	Transform the dining areas on the wards into Dementia Friendly Cafés .
Morfa Ward, Ysbyty Alltwen	Ysbyty Alltwen	Dementia Garden	Ysbyty Alltwen	Creating a Dementia garden to enhance patient wellbeing .

Ward, Gwasanaeth neu Adran	Safle	Enw Prosiect	Lleoliad y Prosiect	Crynodeb o'r Prosiect
Ward Llyn	Bryn Beryl	Rhwystro diflastod ysbyty	Ysbyty Bryn Beryl	Prosiect i hyrwyddo ymgysylltu cleifion mewnol mewn gweithgareddau ar y ward i rwystro diflastod, stimiwleiddio meddyliau a mwyaflu adsefydlu
Prostheteg	Ysbyty Maelor Wrecscam	Pediatreg	Ystafell Aros Prostheteg Ysbyty Maelor	Gwella cyfleusterau Pediatrig i annog gwell ymgysylltiad corfforol mewn gofal iechyd ar amgylchedd adsefydlu ar gyfer y rhai sydd wedi cael torri aelodau uchaf ac isaf a defnyddwyr cadeiriau olwyn
Therapi Galwedigaethol Plant	Ysbyty Brenhinol Alexandra	Chwarae a Datblygu Gyda'n Gilydd	Ysbyty Brenhinol Alexandra	Datblygu canolfan asesiad lle bydd plant a'u teuluoedd yn edrych ymlaen at ymweld

Ward, Service or Department	Site	Project name	Location of project	Project summary
Llyn Ward	Bryn Beryl	Prevent hospital boredom	Bryn Beryl hospital	A project to promote inpatient engagement in activities on the ward to prevent boredom, stimulate minds and enhance rehabilitation.
Prosthetics	Wrexham Maelor Hospital	Paediatric	Wrexham Maelor, Prosthetics Waiting Room	Improving the Paediatric Facilities to encourage better physical engagement in the healthcare and rehabilitation environment for upper limb amputees, lower limb amputees and wheelchair users.
Children's Occupational Therapy	Royal Alexandra Hospital	Let's Play & Develop Together	Royal Alexandra Hospital	Developing an assessment centre where children and their families look forward to visiting.

Ward, Gwasanaeth neu Adran	Safle	Enw Prosiect	Lleoliad y Prosiect	Crynodeb o'r Prosiect
Dieteteg	Ysbyty Gwynedd	Platiau Glas Dementia	7 Ysbyty Cymuned, Gorllewin BIPBC	Cyfarparu Ysbyty Penrhos Stanley, Ysbyty Cefni, Ysbyty Eryri, Ysbyty Alltwen, Ysbyty Dolgellau, Ysbyty Tywyn ac Ysbyty Bryn Beryl â phatiau glas i gynyddu faint o fwyd bydd pobl â dementia yn ei fwyta
Mesen Fach/Uned Clefion Mewnol/ anableddau dysgu	Bryn y Neuadd	Llais i bawb a gweithgareddau i bawb	Mesen Fach	Creu ystafell gyfathrebu ar y ward gydag amrywiol offer cyfathrebu i gefnogi'r unigolion a dderbynir i Mesen Fach.

Ward, Service or Department	Site	Project name	Location of project	Project summary
Dietetics	Ysbyty Gwynedd	Blue Plates for Dementia	7 Community Hospitals, BCUHB West	Equip Ysbyty Penrhos Stanley, Ysbyty Cefni, Ysbyty Eryri, Ysbyty Alltwen, Ysbyty Dolgellau, Ysbyty Tywyn and Ysbyty Bryn Beryl with blue plates, to increase the amount of food eaten by patients with dementia.
Mesen Fach / Inpatient unit / learning disabilities	Bryn Y Neuadd	A voice for everyone and activities for all	Mesen Fach	Creating a communication room on the ward with various forms of communication tools to support the individuals being admitted to Mesen Fach.

Ward, Gwasanaeth neu Adran	Safle	Enw Prosiect	Lleoliad y Prosiect	Crynodeb o'r Prosiect
Meddygaeth	Ysbyty Gwynedd	Gweithdrefn ar gyfer cyflawni ffurflenni cais y tu allan i oriau	Ysbyty Gwynedd	Galluogi meddygon iau i gyflymu cyflawni ffurflenni cais y tu allan i oriau ar gyfer archwiliadau nad oes angen eu gwneud ar unwaith.
Coed Celyn	Coed Celyn	Prosiect Amgylchedd Cleifion Coed Celyn	Coed Celyn	Mwyafu amgylchedd cleifion fel eu bod yn teimlo'n fwy diogel a chyffyrddus
Gwasanaeth Iechyd Meddwl Amenedigol/ Iechyd Meddwl ac Anableddau Dysgu	Ysbyty Glan Clwyd	Canllaw Poced Iechyd Meddwl Amenedigol	Ardal Ganolog	Datblygu canllaw poced iechyd meddwl amenedigol sy'n cynnwys gwybodaeth/ adnoddau i'w cefnogi yn eu gwaith o fwyafu iechyd meddwl a lles i bob merch sy'n geni yng

Ward, Service or Department	Site	Project name	Location of project	Project summary
Medicine	Ysbyty Gwynedd	Procedure for delivering 'out of hours' request forms	Ysbyty Gwynedd	Enabling junior doctors to speed up the delivery of request forms out of hours for investigations that do not need to be done immediately.
Coed Celyn	Coed Celyn	Coed Celyn Patient environment project	Coed Celyn	Enhancing the patient environment so patients feel secure and comfortable.
Perinatal Mental Health Service/Mental Health and Learning Disabilities	Ysbyty Glan Clwyd	Perinatal Mental Health Pocket Guide	Central area	Develop a perinatal mental health pocket guide which will include information/resources to help support them in their role of optimising mental health and wellbeing for all women giving birth in North Wales.

Mae hyd yn oed
yr ymgreswyr
aflwyddiannus
ar eu hennill!

Even the
unsuccessful
applicants are
winners!

- E-lyfryn o flaenoriaethau codi arian
- Cefnogi cynlluniau cyfathrebu

- E-brochure of fundraising priorities
- Supporting communications plan



Newid Sylweddol y Galon a'r Meddwl

Hearts and Minds step change

- Monitro a gwerthuso
 - Hyrwyddo effaith cyfraniadau'n well
 - Ymagwedd wedi'i liflinio, ar lein, ar gyfer yr holl geisiadau elusennol
 - Banc o flaenoriaethau codi arian
- Monitoring and evaluation
 - Improved promotion of the impact of donations
 - Online, streamlined approach for all charitable requests
 - Bank of fundraising priorities



Dywedwch
wrth bawb am
Grantiau'r
Galon a'r
Meddwl

Spread the
word about the
Hearts and
Minds grants!

